

HLTH 472 – Independent Study and HLTH 474 – Health Apprenticeship
Winter 2022 (HLTH 472) and Summer 2022 (HLTH 474)

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Class size: 1 (HLTH 472) and 2 (HLTH 474)

Used with Permission

Instructor perspective on adapting the SLICC model to independent study courses

- HLTH 472 Independent Study course with one student in Winter 2022
 - Topic was **Health Entrepreneurship**
 - Experiential learning component was the student's experience as co-founder of a Health Information Management company.
 - Student chose a lab integration project that was taking place over the same time frame as the Winter term
 - Used the SLICC model and PebblePad workbook to reflect throughout on progress and challenges in her role as project manager of the lab integration project
 - Adapted the SLICC LOs to the context of the project and noted skills and mindset she was developing throughout
- HLTH 474 Health Apprenticeship course with 2 students in Spring 2022
 - Topic was **Healthy Cities**
 - Experiential learning component was the Future City Builders program.

(Faculty of Health Co-op Student of the Year: Madison McBay)

Assessment and Structure

- 3 deliverables
 - Proposal due during Week 3 – 15%
 - Interim reflective report due during Week 6 – 25%
 - Final reflective report due at the end – 40%
 - Course engagement – 20%
 - Regular meetings
 - Providing peer feedback (Spring 2022)
 - Keeping up with weekly reflections
- Structure

- Use of PebblePad Workbook adapted from the Edinburgh SLICC model
- Regular meetings with students to discuss progress and challenges
- Students provide evidence of reflection throughout the term via ungraded blog posts, audio/video clips, or images that were posted in the PebblePad workbook
 - Eg: “What, So what, and now what” framework
- The reports included hyperlinks to the reflection posts as evidence of progress towards the 5 SLICC LOs

Benefits and challenges of adapting the SLICC model to independent study courses

- Benefits for instructor
 - Small-scale way to get your feet wet with using the SLICC model
 - Flexible approach works well for an independent study
 - Built-in SLICC structure and resources, including PebblePad workbook
 - Can provide meaningful feedback
- Challenges
 - Since only on small scale, not much opportunity for peer to peer feedback
 - Providing tailored and meaningful feedback on reflections is time-consuming
 - Requires student buy-in as process can be “messy” and uncomfortable
 - Some students struggle with deep reflection
- Benefits for student
 - Students take ownership over their learning
 - Opportunity for students in their final year to reflect on cumulative learning & skills
 - Enhanced mindset towards lifelong learning and long-term planning
 - Focus on process as a nice balance to the focus on the outcomes for the experiential learning component
 - Enjoyed the flexibility of adapting the SLICC to a meaningful passion project in order to receive a course credit
 - Ability to immediately apply learning from reflections in order to improve skills and communication with team while the project was still underway (instead of just reflecting at end)

Student perspectives

- “Being a student entrepreneur has placed me in many situations which are outside of my academic focus and this has truly expanded my perspective and my knowledge regarding business and technology. I will continue to embrace these situations, even when I feel under-prepared in order to push myself to continue learning” (LO 4 on Mindset: Lifelong learning and long-term planning)
- “Despite this SLICC being over, I will continue reflecting using the “What? So what? Now what?” model and using voice recordings to recall information to use in my reflections as my group continues to work on our project. I believe that this process has been effective at improving my project thus far, so I want to continue using it in another reflective journal. In doing so, hope to continue using reflection to help the development of my selected learning outcomes in my daily life, especially because of how simple reflecting can be” (LO 5 on Evaluation)
- “I plan to continue with reflections in my future endeavors and I am also considering implementing this approach for other project managers on the team in order to see if there is a widespread benefit for the outcome of projects. Going into this next chapter of my life, I am confident that using a reflective approach will keep me accountable and allow for me to have a strategic approach in all situations I may encounter.” (LO 5 on Evaluation)